

Massages



A space dedicated to your well-being

Welcome to a place where every detail has been thought out for a moment of total relaxation. Led by professional masseuse and physiotherapists, this space is designed to soothe body and mind. In a serene and harmonious atmosphere, you'll be transported away from everyday stress. for an unforgettable moment.

30'

50€

DÉCOUVERTE

- Massage Californian
- Massage Plénitude
- Sublim'visage

* massages in consultation with the practitioner

45'

80€

BIEN-ÊTRE

- Massage Californian
- Massage Plénitude
- Détox et lift visage Gua Sha

*Full-body massages in consultation with the practitioner

60'

110€

SIGNATURE

- Horizon Zen
- Renaissance sublime
- Esprit Kobido

TREATMENTS INSPIRED BY NATURE

Californian Massage: Release your tensions and reduce muscle contractures. This massage, carried out by a physiotherapist, uses fluid and enveloping strokes alternating with firm pressure.

Plénitude Massage: Feel a deep sense of well-being with the gentle, harmonious movements performed by our wellness masseuses. The result is total relaxation for body and mind.

Sublim'visage: Revive the radiance of your complexion and make your skin more luminous and rested. Derived from Kobido massage, this treatment is ideal for oxygenating skin with a dull, tired complexion.

Détox et lift visage Gua Sha: Discover the ancestral techniques of Chinese medicine, using stone accessories and oils to massage and sculpt the face. The "Sublim'visage" effect is amplified by the production of collagen, reducing expression lines.

Horizon Zen: Make the most of this privileged moment with our physiotherapist. After a full-body massage, they will be able to draw up an initial assessment and advise you on simple gestures to improve your physical condition and prevent pain in your daily activities.

Renaissance sublime: Boost your energy and revive your complexion. This detoxifying body massage uses gentle, slow effleurage strokes to drain toxins. And while you're revitalizing your muscles, your complexion will brighten thanks to the benefits of light therapy and the latest "Led Light" technology.

Esprit Kobido: Stimulate your collagen and elastin production with this ancestral Japanese facial massage technique. You'll benefit from its rejuvenating and revitalizing effects, smoothing wrinkles and firming skin.

Book in advance with:

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Reception: open 10 am to 8 pm every day